



Sigma Theta Tau International

Region 2 Newsletter

Southern California, Arizona, New Mexico, West Texas, Australia

Spring 2011
Global Nursing Edition

STTI Global Ambassador Program

By JoAnn Long, Iota Mu

Is adding stamps to your passport on your bucket list? Do you like to share your passion of nursing and the mission of STTI with others? Are you up for an adventure? Then the STTI Global Ambassador Program may be for you.



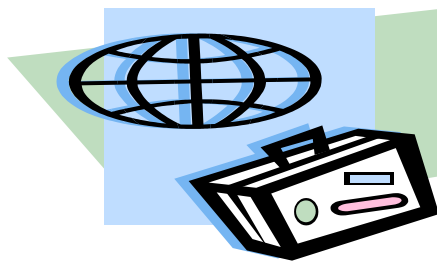
WHO...



Any participating member of STTI is eligible to participate in the Global Ambassador Program. The program is designed to allow members to help people from around the world learn about the profession of nursing and what Sigma Theta Tau International has to offer its members.

Global Ambassadors:
 Increase international visibility of STTI
 Encourage membership and chapter development
 Gain knowledge about worldwide cultures and increase your perspective
 Connect & network with colleagues from around the world
 Access and receive materials designed to explain STTI and member benefits

WHAT...



HOW...



Complete an application
 Either reside or travel to an area or country where promoting STTI is needed
 Be aware of cultural differences
 Provide STTI headquarters with a list of countries or regions your are visiting
 Use the materials STTI when providing your on location presentation
 Gather information about nursing when visiting other countries or regions
 Complete a report for headquarters once you have served as a global ambassador
 Be able to fund your own travel expenses

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For more information on the STTI Global Ambassador Program visit:
<http://www.nursingsociety.org/VolunteerConnect/Pages/Ambassador.aspx> or contact STTI Constituent Services Center by calling 888-634-7575.

Asian Nursing Collaboration Project

Help nursing schools in the Philippines. Consider book donation from your chapter. The objectives are to aid teachers in the classrooms, build up the school library and improve the students' literacy skills. Last year, over 50 books were donated by Iota Sigma chapter to the College of Nursing at Notre Dame of Marbel University. This is a good opportunity for Region 2 to be involved in an international collaboration project. The request is aimed at helping the College of Nursing, Mindanao State University, this year.

Here are the priority public schools of nursing that need books, CD materials.

- Mindanao State University – Marawi campus (www.msumain.edu.ph)
- Mindanao State University – Iligan campus (www.msuiit.edu.ph)
- Bukidnon State University (www.bsc.edu.ph)
- Central Mindanao University (www.cmu.edu.ph)
- University of Southern Mindanao (www.usm.edu.ph)
- Camiguin Polytechnic State College (www.camiguin.gov.ph)
- Western Mindanao State University (www.wmsu.edu.ph)
- Cebu Normal University (www.cnu.edu.ph)
- West Visayas State University (www.wvsu.edu.ph)

Please be reminded that all donated materials must be published from 2008 to onwards.

The postal address is 3rd Block Zone 2C, Bula, 9500 General Santos City, Philippines.

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Transforming Nursing Practice Through Effective Pain Management

By Brian Schaad, CSUB BSN Nursing Student

On November 12, 2010, the Xi Epsilon Chapter of California State University, Bakersfield (CSUB) and the Association of California Nurse Leaders Kern County Chapter (ACNL) hosted Chris Pasero, MS, RN-BC, FAAN at the Doubletree Hotel in Bakersfield for a one-day seminar entitled “Transforming Nursing Practice Through Effective Pain Management.” Ms. Pasero is a pain management expert and author of several articles, position papers, guidelines, and books. She is a co-founder of the American Society for Pain Management Nursing, a member of the Board of Directors of the American Chronic Pain Association, and serves on the editorial boards of several nursing and medical journals.

This event is held every 2 years and has been growing since its inception. There were 205 attendees this year, including representatives from all major Bakersfield hospitals, members of the community, and a large contingent of nursing students and faculty from both CSUB and Bakersfield College nursing programs.

The focus of the conference was the importance of pain assessment and management of pain affecting patient outcomes. Ms. Pasero discussed the challenges involved in this process, especially in patients who are unable to participate in the assessment of their pain. Utilizing an appropriate assessment tool was highlighted as best practice to improve patient outcomes.

In her presentation of pain management modalities, Ms. Pasero included details of treatment with various pharmaceuticals, including non-opioids like acetaminophen and NSAIDS, anticonvulsants for neuropathic pain, antidepressants, primarily norepinephrine uptake inhibitors, local anesthetics such as the new lidocaine patch, and, of course, opioid analgesics. Benefits and risks of each category were thoroughly discussed. She presented tools such as the Pasero Opioid-induced Sedation Scale (POSS), and recounted instances where this simple step could have saved the patient’s life.

Ms. Pasero’s presentation was lively, humorous, and engaging. Unfortunately, this short summary cannot truly capture the spirit of the day, and I encourage anyone with the opportunity to hear Ms. Pasero speak to take it. Her contact information is: (916) 933-2023 (telephone); (916) 933-2024 (fax); cpasero@aol.com.



Ms. Chris Pasero and attendees at Transforming Nursing Practice Through Effective Pain Management

Meet some of the Region 2 Committee Members

JoAnn D. Long, RN, PhD, NEA-BC

Professor and Director of Nursing Research & Development, Lubbock Christian University, Lubbock, TX

One of the most rewarding experiences as a STTI member was when during a visit to Istanbul, Turkey, my colleague Dr. Cindy Ford and I visited with the nursing faculty at the Florence Nightingale School of Nursing and dialogued about our shared interested and desires for our profession which included the benefits of membership in STTI.

In the next ten years, professionally, I would like to contribute to the body of knowledge that helps us to understand how technology applications can support health promotion and disease prevention, in particular by healthy eating.

Favorite Author/Books – I am a fan of C.S. Lewis and Francine Rivers and in 2011 hope to read the top 10 favorite classic books recommended by my youngest daughter who is a historian!



JoAnn Long

Marilyn Klakovich, DNSc., RN, NEA, BC

Director of Continuing Education & Program Evaluation, Azusa Pacific University

Online Faculty, University of Phoenix & CSU, Fullerton

Most rewarding activity as a STTI member was the 10th anniversary of Omicron Delta where we had a combined board meeting and education conference plus a service

activity aboard a cruise in Hawaii! In the next ten years, professionally, I hope to be able to serve in some capacity at the international level for STTI.

I love opera and I love to travel, so I travel for opera! I have been all over the United States and to Great Britain, Austria, Italy, Sweden and Denmark.



Marilyn Klakovich

Alyce Ashcraft PhD, RN, CNE

Professor, Texas Tech University

Most rewarding activity I have experienced as an STTI member has been networking and induction of new members

In the next ten years, professionally, I would like to receive NIH funding!!!!

I just built a new house—love it—now have to personalize it!



Alyce Ashcraft

News & Upcoming Events

"Positioning Nurse Leaders as Change Agents for the Future of Nursing"

Omicron Delta Chapter is pleased to invite our esteemed colleagues from the Southern California Chapters of STTI to attend our May 14, 2011 Conference being held in Los Angeles.

We are honored to have Dr. Linda Burnes Bolton as our morning key note speaker exploring the Initiative on the Future of Nursing (IFON) as well as Dr. Carol Huston, Patricia McFarland (CEO, Association of California Nurse Leaders and Dr. Nancy Stuever address the response of nurse leader to move the profession of nursing forward.

The registration is only \$65 which includes lunch and CEUs (but not parking).

Registration is online:

<http://www.omicrondelta.net/OD/CAConference.html> and

<http://www.omicrondelta.net/UserPages/ODConfRegForm.asp>

Sixteenth Joint Southern California Chapters

SIGMA THETA TAU INTERNATIONAL NURSING ODYSSEY CONFERENCE 2011

October 20 and 21, 2011

Save the date!!

Sheraton Cerritos Hotel

Research Program for Health Care Professionals

"Health Care in Cuba" - Visit July 16-23, 2011

Escorted travel opportunity to Cuba for educators, nurses and other health professionals, humanitarians, artists and writers. Americans will travel under Dept of State approved license for research programs; tour operators will guide participants regarding necessary paperwork and documentation.

Visit hospitals and clinics, schools, organizations working for social and sexual equality and more. Attend lectures from health care professionals, department directors, and students.



Accommodations the iconic Hotel de Nacional de Cuba in Havana. Most flights will be from Cancun to Havana. Other travel arrangements are available.

Learn about dance and music as an aspect of culture and wellness. Find out first-hand how Cuba has achieved a literacy rate of nearly 100% for both adults and youth and investigate of the effects of free education on their society.**

Whatever your political views about Cuba and their government, a first-hand opportunity to learn from professional counterparts will leave you with new information about wellness and health care.

Registration now open

www.healthy cuba.com

Provider approved by the CA Board of Registered Nursing, No. 3511, for 20 contact hours.

** Unicef: http://www.unicef.org/infobycountry/cuba_statistics.html



Chapters ~ Affiliation ~ Website

#	Chapter Name	Affiliation	Chapter Website
058	Beta Mu	The University of Arizona	www.betamu.org
066	Beta Upsilon	Arizona State	nursing.asu.edu/stti/index.htm
071	Gamma Alpha	Loma Linda University	http://www.llu.edu/nursing/gamma-alpha/index.page
073	Gamma Gamma	San Diego State University	
088	Gamma Sigma	University of New Mexico	
089	Gamma Tau at Large	UCLA, CSU Northridge	www.gammatau.net
098	Delta Delta	West Texas A&M University	
104	Delta Kappa	University of Texas at El Paso	
154	Zeta Mu at Large	University of San Diego	http://sttizetamu.org
221	Iota Eta	California State Univ Long Beach	http://www.csulb.edu/colleges/chhs/departments/nursing/clinics/SigmaThetaTaulotaEtaChapter.htm
226	Iota Mu	Texas Tech University	www.ttuhschool.edu/son/stti/
232	Iota Sigma	Azusa Pacific University	www.apu.edu/iotasigma
277	Lambda Omicron	Northern Arizona University	http://janus.ucc.nau.edu/nurse-p/students/lambda_omicron/index.php
322	Nu Mu	California State Univ Los Angeles	www.numula.org/
330	Nu Upsilon	Grand Canyon University	
339	Xi Epsilon	Calif State Univ Bakersfield	
342	Xi Theta	Calif State Univ Dominguez Hills	http://www.xitheta.org/
349	Xi Omicron	University of Western Sydney	
362	Omicron Delta	University of Phoenix	www.omicrondelta.net
364	Omicron Zeta	Abilene Christian University	
406	Pi Omega	New Mexico State University	
408	Rho Beta	Calif State Univ San Bernardino	
456	Upsilon Beta	Calif State University Fullerton	
479	Pi Alpha	Western Univ	



All Chapters are eligible based on the President's Call to Action!

Application is on the STTI website

<http://www.nursingsociety.org/Awards/showcase/Pages/ShowcaseofRegionalExcellence.aspx>

Regional Coordinator Notes for You



Greetings!

With the Biennial Convention right around the corner and new Officers coming aboard with the beginning of a new Fiscal Year, this is a time for transitions and change! There are many exciting opportunities coming up!

I'd like to announce that two honor societies in Region 2 were voted into full Chapter status by the STTI House of Delegates in March, 2011. Welcome to **Mount St. Mary's College in Los Angeles, California** and to **California State University San Marcos in San Marcos, California**. The chartering preparations are being processed now, so we are waiting for their Greek names to be assigned! Congratulations and thank you so much for the huge preparatory effort involved in forming the honor society. Chapter status will undoubtedly provide a platform for many engaging activities for students, faculty and community.

As we did last year, all chapters are encouraged to send photos and information about their Spring Induction. We will add to our growing Facebook album! Email: region2stti@earthlink.net

Region 2 Coordinator
Dale Mueller, EdD, RN, NEA-BC
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Reflections on the Fall 2010

Leadership Summit

By Justin Garrison, MSN Student

Lubbock Christian University

The leadership summit was amazing. There really aren't words to describe how much I enjoyed being part of this event. I was able to meet so many wonderful people and listen to some true leaders. I also spent much of the day with Ms. Bridges (Iota Mu President) talking with her on a professional, as well as personal level. The event wrapped up with Billye Brown. As I sat there and listened to her tell her life story about her journey through nursing and leadership she always came back to the mentors that were so pivotal in her growth. Let me say again how thankful I am that you extended this opportunity. It was a wonderful event and I hope next October when they hold the big event in Grapevine at the Gaylord, that I will be able to attend as a member myself.

Chapter Key Awards

Call for Nominations

1 November 2010 – 15 July 2011

The Chapter Key Award, established in 1991, honors chapters who excel in chapter-related activities such as:

- membership recruitment and retention
- publicity and programming
- professional and leadership development

See photos!
Region 2 STTI
on
Facebook

